

WORKSHOP

**TWO-
DAYS**

**Thai Massage
WORKSHOP
At Ylang Ylang**

Let the charm of Ylang Ylang inspire you in the heart and 24 classic poses reshape you in the body. Take two days out of your daily routines and indulge into a time to truly be rejuvenated. We welcome you to experience the benefits of the two day workshop bring to you and restore, maintain mental, physical and spiritual harmony.

YOU WILL BE INTRODUCED AND INSTRUCTED TO:

- Thai Massage Culture
- Thai Massage Master Lit teaching all classic movements through demonstrations
- Hands on practice on peers
- Experience Thai Herbal ball massage and its benefits
- Thai snacks and lemongrass tea provided
- Thai Massage Certificate awarded by Traditional Thai Massage Association of Ontario